

## Safe sleep monitoring form 0-2 years

Educators name: \_\_\_\_\_

Date: \_\_\_\_\_

Item	Yes	No	Comment
Cots/ beds are clean and in good repair			
The room is well ventilated and comfortable temperature to sleep. Natural light allows for safe supervision			
Blind cords are hooked up out of reach			
Bedding is in accordance with Red Nose Australia recommendations ie no bumpers or loose blankets			
Amber necklaces, hood, ties, bibs and loose fitting clothing are removed from ALL children before they go to bed			
Baby monitor is in place (If children are sleeping in a separate room)			
All cots in use have evidence they meet the Mandatory Australian standards			

Child	Time to sleep	Time awake

Educators check sleeping children by physically walking into the room they are in and watching for visible signs of breathing. They also take notice of colour of the child's lips and face.

Ensure that the children has nothing over their face and they are laying on their backs as they were put into the cot.


Write the start time in the first box and initial after each check. Each box then represents a 10 minute interval